

Foothills Express



Friday, September 1, 2023

Quarter: 1 Issue: 5

www.foothillselementary.org

SEPTEMBER DATES TO REMEMBER

4 Labor Day ~ **No School**

8-10 7/8th Grade Backpacking Trip

15 Pre-2nd Grandparents Day

18-29 MAP Testing Window #1

29 Pre-2nd Farmers Market Field Trip

OCTOBER DATES TO REMEMBER

2 Teacher Enrichment Day

~ **No School**

7 Beach Day

12 Pre-2nd LBC It's Ok To Be Different

20 End Quarter 1

23 Begin Quarter 2

NOVEMBER DATES TO REMEMBER

1-2 Parent/Teacher Conferences

~ **minimum days 12:30 pm**

10 Veteran's Day Observed

~ **No School**

13 See's Candy Online Sale

14 Pre-2nd LBC Magic School Bus F.T.

20-24 Thanksgiving Break

~ **No School**



Today's Special Music Chapel with Ms. Weems

(More Pictures on Page 2)



Labor Day: No School this Monday, September 4 in honor of Labor Day.

UP COMING EVENTS:

Accreditation Review: If you would like to be a part of the Foothills Accreditation team on Tuesday evenings in September, please contact Mrs. Henry at (707)815-4376 for more information.

MAP Testing: Our 1st MAP Testing Window is September 18-29. MAP Testing measures each child's growth over time over the school year and across multiple years. It is a great tool for our teachers to know how to plan instruction efficiently for their students. Please make sure your child gets enough sleep and a healthy breakfast before school each morning to help them do their best.

Tuition and Fees: September tuition is due. Please submit payment as soon as possible. Checks made out to Foothills Adventist Elementary are the best option to avoid the 3.5%+ \$0.15 debit/credit card fee. September statements and invoices were sent this morning.

Save The Day For Family Beach Day: Family beach day is Sabbath, October 7 at Goat Rock Beach from 11 am – 3 pm. Join us for some fellowship fun in the sun with the whole family. There will be a few Bible/Nature-themed activities and time to play in the sand and water. We will meet at the river side of Goat Rock. The first parking lot on the right at the bottom of the hill. Near a grove of cypress trees. Please bring your own picnic lunch, beach/water toys, blanket, chairs, etc. Drinks will be provided.

Buddy Reader Time Today





10 Tips To Keep Kids Healthy This School Year

1. Get adequate sleep.
 2. Exercise daily.
 3. Reduce screen time.
 4. Practice healthy eating habits.
 5. Stay up-to-date on the flu shot and other immunizations.
 6. Wash hands frequently to reduce spread of germs.
 7. Get regular hearing and vision checks.
 8. Help your child deal with stress and anxiety.
 9. Promote proper backpack safety.
 10. Keep your child hydrated.
- *These tips are from Dr. Jason Patera, MD, Family practitioner and medical director at Elkhorn Health Center.

Please help yourself to today's harvest.



Back To School Night



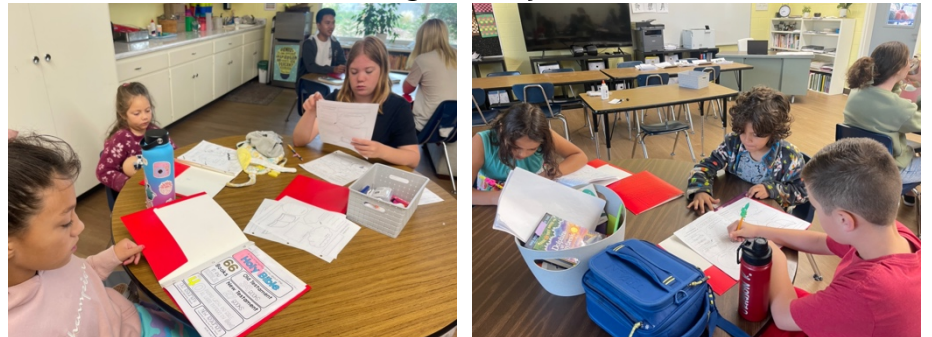
K-2 Grade



3-8 Grade



Morning Worship Time



*"To increase in wisdom and stature, and in favor with God and man."
Healthy minds, healthy bodies, healthy relationships—living for Jesus.*